Menu Choices week commencing Monday 21st January 2019 The bottom section should be returned to the school Friday 11th January 2019

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
21 st January	22 nd January	23 rd January	24 th January	25 th January
Option 1 Pasta Bar: Tuna & Sweetcorn, Tomato Sauce or Cheese Sauce Served with Homemade Focaccia ~ Salad Bar ~ Raspberry& Peach Muffin Option 2 Tuna or Egg Mayo Sandwich	Option 1 Beef Cottage Pie with Cheesy Mash Served with Garden Peas, Fresh Carrots and Gravy ~ Salad Bar ~ Fresh Fruit Platter Option 2 Ham or Cheese Roll	Option 1 Local Butcher's Roast Turkey Served with Stuffing, Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables and Gravy Angel Delight Topped with Fresh Fruit Option 2 Turkey or Cream Cheese & Cucumber Wrap	Option 1 Mild Chicken Korma Served with Basmati Rice & Naan Bread ~ Salad Bar ~ Chocolate Cake with Chocolate Custard Option 2 Ham or Cheese Roll	Option 1 Oven Baked Crispy Fish Fillet Served with Chips, Baked Beans & Garden Peas ~ Salad Bar ~ Coconut & Cranberry Cookie Option 2 Ham & Sweetcorn or Quorn Sausage Pasta
28th January	29 th January	30 th January	31 st Januarv	1st February
Option 1 Homemade Pepperoni or Cheese & Tomato Pizza with Pasta Sweetcorn ~ Salad Bar ~ Flapjack Option 2 Tuna or Egg Mayo Sandwich	Option 1 Local Butcher's Pork Sausage Served with Creamy Mashed Potatoes, Broccoli & Gravy ~ Salad Bar ~ Fruit Salad Option 2 Ham or Cheese Roll	Option 1 Local Butcher's Roast Beef served with a Yorkshire Pudding, Roast Potatoes, Carrots, Peas and Gravy Arctic Roll Option 2 Turkey or Cream Cheese & Cucumber Wrap	Option 1 Turkey Spaghetti Bolognese Served with Garlic Bread ~ Salad Bar ~ Autumn Spice Tray-bake with an Apple Wedge Option 2 Turkey Salad or Cream Cheese & Cucumber Wrap	Option 1 Oven Baked Young's Omega 3 Fish Fingers Served with Chips, Baked Beans and Peas Salad Bar Winterberry Jelly & Cream Option 2 Ham & Pineapple or Quorn Sausage Pasta
4 th February	5 th February	6 th February	7 th February	8 th February
Option 1 Macaroni Cheese with Garlic Bread & Peas	Option 1 Homemade Chicken Pie with a Shortcrust Pastry Served with Mashed Potatoes, Green Beans & Gravy ~ Salad Bar ~ Ice Cream with Mandarins Option 2 Turkey Salad or Cream Cheese & Cucumber Wrap	Option 1 Local Butcher's Roast Chicken Served with Yorkshire Puddings, Roast Potatoes, Seasonal Vegetables & Gravy Granola Yoghurt Pot Option 2 Tuna or Egg Mayo Sandwich	Option 1 All Day Breakfast Bap (Sausage, Bacon, Scrambled Egg, Baked Beans, Mushrooms, Tomato) ~ Salad Bar ~ Fresh Fruit Platter Option 2 Ham Salad or Cheese Salad Wrap	Option 1 Oven Baked Crispy Fish Fillet Served with Chips, Baked Beans & Garden Peas ~ Salad Bar ~ Homemade Carrot cake Option 2 Turkey & Sweetcorn or Red Pepper & Sweetcorn Pasta
11 th February	12 th February	13 th February	14 th February	15 th February
Option 1 Jacket Potato Day with Choice of Fillings (Tuna Mayo, Cheese, Baked Beans) ~ Salad Bar ~ Pineapple Upside-down Cake with Custard Option 2 Ham & Sweetcorn or Quorn Sausage Pasta	Option 1 Crunchy Breaded Herby Chicken Served with Buttered New Potatoes Fresh Carrots and Green Beans ~ Salad Bar ~ Mandarin Orange Zingy Jelly with Ice cream Option 2 Ham or Cheese Roll	Option 1 Local Butcher's Roast Gammon Served with a Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy Fresh Fruit Platter Option 2 Turkey Salad or Cream Cheese & Cucumber Wrap	Option 1 Sloppy Joe (Rich Beef Bolognese in a Bun) Served with Hot Pasta, Sweetcorn & Coleslaw ~ Salad Bar ~ Marble Cake & Custard Option 2 Ham or Cheese Roll	Option 1 Oven Baked Young's Omega 3 Fish Fingers Served with Chips, Baked Beans and Peas ~ Salad Bar ~ Winterberry Jelly & Cream Option 2 Tuna or Egg Mayo Sandwich
25 th February	26 th February	27 th February	28 th February	1 st March
Option 1 Pasta Bar: Tuna & Sweetcorn, Tomato Sauce or Cheese Sauce Served with Homemade Focaccia ~ Salad Bar ~ Raspberry& Peach Muffin Option 2 Tuna or Egg Mayo Sandwich	Option 1 Beef Cottage Pie with Cheesy Mash Served with Garden Peas, Fresh Carrots and Gravy ~ Salad Bar ~ Fresh Fruit Platter Option 2 Ham or Cheese Roll	Option 1 Local Butcher's Roast Turkey Served with Stuffing, Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables and Gravy Angel Delight Topped with Fresh Fruit Option 2 Turkey or Cream Cheese & Cucumber Wrap	Option 1 Mild Chicken Korma Served with Basmati Rice & Naan Bread ~ Salad Bar ~ Chocolate Cake with Chocolate Custard Option 2 Ham or Cheese Roll	Option 1 Oven Baked Crispy Fish Fillet Served with Chips, Baked Beans & Garden Peas ~ Salad Bar ~ Carrot & Cranberry Cookie Option 2 Ham & Sweetcorn or Quorn Sausage Pasta

This Section needs to be returned to the school NO LATER THAN 3.30 PM Friday 11th January 2019.

If meal slips are received after this date, you may need to provide a packed lunch for your child. PLEASE INICATE BY TICKING THE OPTION REQUIRED IN THE BOXES BELOW. If your child is absent from school their lunch order will be cancelled.

On ALL options, a meat substitute will be provided for pupils recorded as vegetarian. All Option 2 meals will include Vegetable Sticks, Dessert of

the day & Orange Juice							
MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS			
21 st January Option 1 Option 2	22 nd January Option 1 Option 2	23 rd January Option 1 Option 2	24 th January Option 1 Option 2	25 th January Option 1 Option 2			
28 th January Option 1 Option 2	29 th January Option 1 Option 2	30 th January Option 1 Option 2	31 st January Option 1 Option 2	Option 2			
4 th February Option 1 Option 2	5 th February Option 1 Option 2	6 th February Option 1 Option 2	7 th February Option 1 Option 2	8th February Option 1 Option 2			
11 th February Option 1 Option 2	12 th February Option 1 Option 2	13 th February Option 1 Option 2	14 th February Option 1 Option 2	15 th February Option 1 Option 2			
25 th February Option 1 Option 2	26 th February Option 1 Option 2	27 th February Option 1 Option 2	28 th February Option 1 Option 2	1st March Option 1 Option 2			
Meals cost £2.00 per day. I confirm that I have paid £ via the schools online payment system, SIMS Agora.							

via the schools online payment system, SIMS Agora. Or My child is entitled to UFSM's (EYFS,Yr1 & Yr2) My child is entitled to income based FSM's _

Name **Class**

School Lunches – Procedures, Terms and Conditions.

• All Menu slips must be returned by the date at the top of the menu enabling our Catering Manager to then collate and prepare orders for the following week. Please complete the slip clearly indicating which days your child would like a meal and make your payment via our online payment system Sims Agora, (New starters will be issued with an activation letter which will include a unique reference number and instructions on how to set up the account). Your child's name is pre-printed on the tear-off slip.

Fruit and yoghurt options are available daily for those children who do not wish to have the pudding of the day. You do not need to choose these options in advance.

Remember that the vegetarian option is for children who are vegetarian, or who do not eat a particular meat for religious or cultural reasons. Please ensure that you have shared this information with the school office, as the meat we use is not halal or kosher. The vegetarian option is likely to be similar to the meat option (eg quorn curry instead of beef and potato curry.

- <u>Universal Infant Free School Meals (UIFSM)</u>. All pupils in EYFS, Year 1 and Year 2, are entitled to universal free school meals. You are still required to complete the slip and return it to the school office by the date on the slip. Meal slips received after the deadline will not be input until the following week and parents will need to provide a home-prepared packed lunch for the first week of the menu.
- <u>Income Based Free School Meals.</u> All pupils entitled to income based free school meals are still required to complete the slip and return it to the school office by the date on the slip. Meal slips received after the deadline will not be input until the following week and parents will need to provide a home-prepared packed lunch for the first week of the menu.

If you think you may be entitled to income based free school meals for your child, we would strongly encourage you to visit http://www.essex.gov.uk/Education-Schools/Schools/Pupil-Parent-Support/Pages/Free-school-meals.aspx. Alternatively pop into the school office, they will be happy to help you with your online application. A successful award would need to be verified before FSM's orders (for lunches) could be accepted.

• Chargeable School Meals. Complete the slip and return it to the school office by the date shown. Meal slips received after the deadline will not be input until the following week and parents may need to provide a home prepared packed lunch for the first week of the menu.

All MEALS MUST BE PAID FOR IN ADVANCE via our online payment system, SIMs Agora. We do NOT offer a credit facility. Any account that fails into arrears may be temporarily frozen and school lunches withdrawn, without notice, until payments are up to date. Payments can be made in full (by whole menu), monthly or weekly but must always be in advance of their consumption.

Remember to keep a copy of the menu so you know what your child has chosen each day and send in a home prepared packed lunch for the days that school meals are not selected. We are not able to offer any same day lunches, if you have not pre-booked a school lunch then you will need to send your child to school with a home pre-pared packed lunch.

By submitting your child's order via the slip below, you are agreeing to all of the schools procedures, terms and conditions detailed above.