

Name:

Class:

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
9th October	10th October	11th October	12th October	13th October
<p>Option 1 Pasta with choice of Tuna & Sweetcorn, Three Cheese or Tomato & Basil Sauce</p> <p>Option 2 Jacket Potato with Baked Beans and Cheese ~ Salad Bar ~</p> <p>Frozen Yoghurt Pots</p>	<p>Option 1 Pulled Pork in a Brioche Bun with Shredded Lettuce, Tomato Slices, Homemade Coleslaw</p> <p>Option 2 Tuna Pasta Pot ~ Salad Bar ~</p> <p>Homemade Hummingbird Cake</p>	<p>Local Butcher's Roast Chicken Served with Yorkshire Pudding, Roast Potatoes, Fresh Carrots, Garden Peas & Gravy</p> <p>Fresh Fruit Platter</p>	<p>Option 1 Spaghetti Bolognese(made with local butcher beef) Served with Garlic Bread</p> <p>Option 2 Tuna Deli Roll ~ Salad Bar ~</p> <p>Chocolate Cupcake</p>	<p>Oven Baked Fillet o Fish, Chips, Garden Peas and Sweetcorn Medley ~ Salad Bar ~</p> <p>Trio Melon Pots</p>
16th October	17th October	18th October	19th October	20th October
<p>Option 1 Homemade Baked Spanish Risotto(Rice Cooked with Chicken and Pepperoni) Served with Homemade Herby Bread Wedge</p> <p>Option 2 Jacket Potato with Cheese ~ Salad Bar ~</p> <p>Fresh Fruit Platter</p>	<p>Option 1 Local Butchers Pork Sausage Hot Dog Served with Diced Potatoes, Baked Beans, Garden Peas</p> <p>Option 2 Tuna Pasta Pot ~ Salad Bar ~</p> <p>Chocolate Puddle Cake</p>	<p>Local Butchers Roast Beef Served with Yorkshire Pudding, Roast Potatoes, Fresh Carrots, Broccoli & Gravy</p> <p>Fruit Pots</p>	<p>Option 1 Homemade Chicken Tikka Masala Served with Basmati Rice, Naan Bread, Cucumber Raita</p> <p>Option 2 Ham Salad Deli Roll ~ Salad Bar ~</p> <p>Ice Cream & Strawberry Sauce</p>	<p>Birds Eye Omega 3 Chunky Fish Finger Served with Chips, Baked Beans, Garden Peas & ~ Salad Bar ~</p> <p>Homemade Melting Moment Cookies</p>
October Half Term				
30th October	31st October	1st November	2nd November	3rd November
<p>Non Pupil Day</p>	<p>Option 1 Homemade Chicken and Tomato Pasta Bake Served with Garlic Bread</p> <p>Option 2 Jacket Potato with Cheese and Beans ~ Salad Bar ~</p> <p>Homemade Lemon Shortbread</p>	<p>Local Butcher's Roast Pork Served with Apple Sauce, Yorkshire Pudding, Roast Potatoes, Whole Green Beans, Carrots & Gravy</p> <p>100% Fruit Ice Lolly</p>	<p>Option 1 A Hearty Slice of Homemade Cheese & Tomato or Pepperoni Pizza Served with Pasta Salad</p> <p>Option 2 Tuna Pasta Pot ~ Salad Bar ~</p> <p>Fruit Yoghurt & Granola Pots</p>	<p>Oven Baked Omega 3 Youngs Fish Fingers, Chips, Baked Beans, Garden Peas ~ Salad Bar ~</p> <p>Homemade Apple Crumble and Custard</p>
6th November	7th November	8th November	9th November	10th November
<p>Option 1 Homemade Beef Pastitsio (layers of Bolognese & macaroni with cheese sauce)</p> <p>Option 2 Jacket Potato with Bolognese or Cheese ~ Salad Bar ~</p> <p>Melon Slices</p>	<p>Option 1 Oven Baked Chicken Breast Chunks in Crispy Batter Served with Crushed New Potatoes Baked Beans, Peas</p> <p>Option 2 Tomato Pasta Pot ~ Salad Bar ~</p> <p>Homemade Fairy Cake</p>	<p>Local Butcher's Roast Turkey Served with Yorkshire Pudding, Roast Potatoes, Fresh Carrots, Garden Peas & Gravy</p> <p>Ice Cream Sundae</p>	<p>Children's Favourite! All Day Breakfast (chipolata sausage, bacon, scrambled egg, hash browns, baked beans, baked tomato ,button mushrooms)</p> <p>Scotch Pancakes with Sliced Bananas and Maple Syrup</p>	<p>Oven Baked Omega 3 Youngs Fish Fingers, Chips, Baked Beans, Garden Peas & Salad Bar</p> <p>Fresh Fruit Platter</p>
13th November	14th November	15th November	16th November	17th November
<p>Option 1 Pasta with choice of Tuna & Sweetcorn, Three Cheese or Tomato & Basil Sauce</p> <p>Option 2 Jacket Potato with Baked Beans and Cheese ~ Salad Bar ~</p> <p>Frozen Yoghurt Pots</p>	<p>Option 1 Pulled Pork in a Brioche Bun with Shredded Lettuce, Tomato Slices, Homemade Coleslaw</p> <p>Option 2 Chicken and Sweetcorn Pasta Pot ~ Salad Bar ~</p> <p>Homemade Hummingbird Cake</p>	<p>Local Butcher's Roast Chicken Served with Yorkshire Pudding, Roast Potatoes, Fresh Carrots, Garden Peas & Gravy</p> <p>Fresh Fruit Platter</p>	<p>Option 1 Chicken and Oriental Noodles</p> <p>Option 2 Tuna Deli Roll ~ Salad Bar ~</p> <p>Chocolate Cupcake</p>	<p>Oven Baked Fillet o Fish, Chips, Garden Peas and Sweetcorn Medley ~ Salad Bar ~</p> <p>Trio Melon Pots</p>
20th November	21st November	22nd November	23rd November	24th November
<p>Option 1 Homemade Baked Spanish Risotto(Rice Cooked with Chicken and Pepperoni) Served with Homemade Herby Bread Wedge</p> <p>Option 2 Jacket Potato with Cheese ~ Salad Bar ~</p> <p>Fresh Fruit Platter</p>	<p>Option 1 Local Butchers Pork Sausage Hot Dog Served with Diced Potatoes, Baked Beans,</p> <p>Option 2 Tuna Pasta Pot ~ Salad Bar ~</p> <p>Chocolate Puddle Cake</p>	<p>Local Butchers Roast Beef Served with Yorkshire Pudding, Roast Potatoes, Fresh Carrots, Broccoli & Gravy</p> <p>Fruit Pots</p>	<p>Option 1 Chicken Tikka Masala Served with Basmati Rice, Naan Bread, Cucumber Raita</p> <p>Option 2 Ham Salad Deli Roll ~ Salad Bar ~</p> <p>Ice Cream & Strawberry Sauce</p>	<p>Birds Eye Omega 3 Chunky Fish Finger Served with Chips, Baked Beans, Peas ~ Salad Bar ~</p> <p>Homemade Melting Moment Cookies</p>

Just a few admin reminders to help us run this service smoothly

- **All Menu slips must be returned by the date at the top of the menu** enabling our Catering Manager to then collate and prepare orders for the following week. Please complete the slip clearly indicating which days your child would like a meal and make your payment via our online payment system Sims Agora, (new starters will be issued with an activation letter which will include a unique reference number and instructions on how to set up the account).
Your child's name is pre-printed on the tear-off slip. Please place the slip in an envelope with your child's **name, class** and **"dinner order"** clearly marked on the outside of the envelope.

Fresh salad and bread are always available. Fruit and yoghurt options are available daily for those children who do not wish to have the pudding of the day. You do not need to choose these options in advance.

Remember that the vegetarian option is for children who are vegetarian, or who do not eat a particular meat for religious or cultural reasons. Please ensure that you have shared this information with the school office as the meat we use is not halal or kosher. The vegetarian option is likely to be similar to the meat option (eg quorn curry instead of beef and potato curry. Please mark the slip with a "V" for vegetarian meals.

- **Universal Infant Free School Meals (UIFSM).** All pupils in EYFS, Year 1 and Year 2, are entitled to universal free school meals. You are still required to complete the slip and return it to the school office by the date on the slip. Meal slips received after the deadline will not be input until the following week and parents will need to provide a home prepared packed lunch for the first week of the menu.
- **Income Based Free School Meals.** All pupils entitled to income based free school meals are still required to complete the slip and return it to the school office by the date on the slip. Meal slips received after the deadline will not be input until the following week and parents will need to provide a home prepared packed lunch for the first week of the menu.

If you think you may be entitled to income based free school meals for your child, we would strongly encourage you to visit <http://www.essex.gov.uk/Education-Schools/Schools/Pupil-Parent-Support/Pages/Free-school-meals.aspx>. Alternatively come and see us in complete confidence. We do need to verify this before you order income based free school meals, and so would like to help you with this as soon as possible.

- **Chargeable School Meals.** Complete the slip and return it to the school office by the date on the slip. Meal slips received after the deadline will not be input until the following week and parents will need to provide a home prepared packed lunch for the first week of the menu.

All MEALS MUST BE PAID FOR MONTHLY IN ADVANCE via our online payment system. Weekly payments may be possible by prior arrangement.

Remember to keep the top half of the menu so you will know what your child has chosen each day and send in a home prepared packed lunch for the days that school meals are not selected. We are unable to offer a credit facility.

If you have not yet activated your **Sims Agora** account, please pop into the office and we will organise this for you.

Thank you for your help.

This Section needs to be returned to the school NO LATER THAN 3.30 PM Friday 30th September 2017.

If meal slips are received after this date you will need to provide a packed lunch for your child. **PLEASE INDICATE BY TICKING THE OPTION REQUIRED IN THE BOXES BELOW.** If your child is absent from school their lunch order will be cancelled provided we are informed by 9.30a.m on the day of absence.

***** On ALL options, a meat substitute will be provided for pupils recorded as vegetarian. *****

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
9 th October Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	10 th October Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	11 th October <input type="checkbox"/>	12 th October Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	13 th October <input type="checkbox"/>
16 th October Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	17 th October Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	18 th October <input type="checkbox"/>	19 th October Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	20 th October <input type="checkbox"/>
30 th October Non Pupil Day	31 st October Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	1 st November <input type="checkbox"/>	2 nd November Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	3 rd November <input type="checkbox"/>
6 th November Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	7 th November Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	8 th November <input type="checkbox"/>	9 th November <input type="checkbox"/>	10 th November <input type="checkbox"/>
13 th November Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	14 th November Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	15 th November <input type="checkbox"/>	16 th November Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	17 th November <input type="checkbox"/>
20 th November Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	21 st November Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	22 nd November <input type="checkbox"/>	23 rd November Option 1 <input type="checkbox"/> Option 2 <input type="checkbox"/>	24 th November <input type="checkbox"/>

Meals cost £1.85 per day. I confirm that I have paid £ _____ via the schools online payment system, SIMS Agora.

Name:

Class: